

PE Kit and Information for after Half Term

Dear Parents and Guardians,

We hope you are well.

I'm sure you will agree with us as teachers and parents that a healthy body and mind are vitally important both in and out of school at this time.

At Sporting Influence, we are working hard to make sure we are providing fun, energetic and challenging PE lessons and after school clubs at your school. We have done so throughout lockdown with schools and key worker children and through the school holidays at our activity camps.

As new guidance comes out regarding COVID19 we adjust our Risk Assessments and plans to make sure these weekly lessons with your children are as low risk as possible. This process involves working closely with the school and constantly discussing changes and adaptations.

As we move towards potentially worse weather, we have different challenges that we need your help and support with.

Our focus is to keep PE lessons where possible outside. This is due to limited indoor spaces at most schools and to reduce the risk of infection.

For PE lessons we ask you to help your children to be prepared for outdoor (where possible) PE lessons by bringing the appropriate clothing. Please help your child to have the kit on the correct day when they have PE, otherwise they may have to miss that session.

Kit for November - Easter

1. Warm outdoor jacket – this can be the same jacket they come to school in. **(Essential)**
2. Gloves and a warm hat – **(Desirable)**
3. Spare pair of socks – **(Desirable)**
4. Both Trainers for PE lessons and school shoes - so that they can be taken off if damp. **(Desirable)**
5. School PE kit

Thanks' and all the best,

Dave Moss – Sporting Influence